



Keep your footprints green!

A Youth Exchange in Gran Canaria (Canary Islands, Spain)

From 20th April to 28th April 2022 (first and last days, travelling days)

Partners

Spain - Cabildo de Gran Canaria, Servicio de Educación y Juventud
(coordinator)

Spain - Asociación Cultural YOUROPIA

Italy - Associazione di promozione sociale 'Young Effect'

Italy - Cilento Youth Union

Portugal - Experimentáculo Associação Cultural

Portugal - Enzonas - Associação de Caminheiros de Bragança

1. Project description

The main objective is to gather young people from Europe in a unique environment (Gran Canaria Island - Canary Islands) to know more about the impact of the fires that affected the island during the summer of 2019 (https://en.wikipedia.org/wiki/2019_Canary_Islands_wildfires) in which a large portion of the natural environment and reserves were burned in one of the worst fires that ever took place on the island, and to learn more about how can we prevent this kind of natural disasters through awareness and the promotion of sustainability. As well as in Gran Canaria, 2019 was a year notoriously marked by tragically large fires all around the world (f.ex. Amazonas in South America, Australia). Because of this, we think it will be necessary to provide sensibilization and education on this matter and raise awareness about global warming, one of the biggest challenges of this new decade.

This experience will contribute to making participants more aware of the importance of prevention and taking security measures when being in nature (especially in summer, or when having high temperatures), to teach new ways of having a sustainable life and activities while being on the outside, and to give visibility to the initiatives that young people may have during the course of this exchange in order to tackle this problem.

The project will use trekking and outside activities (in natural environments) and intercultural dialogue as its main educational resources. Participants will learn about sustainable development. We also expect to impact participants in a way that will make them feel more integrated into Europe and their natural and local regions. We hope as well that after participation they will become active European citizens, either as students, workers or young learners, and agents on climate change topics.

The objectives are:

- To increase participation in Erasmus + activities.

- To take advantage of trekking, outside activities and intercultural dialogue as educational resources, both on Gran Canaria Island and the rest of the territories involved in this project, to:
 - Promote respect for our natural environment.
 - Raise awareness about the efficient use of resources, environmental protection, climate change and sustainable ways of life.
 - Educate in values (cultural, sustainability, fire prevention, climate change and global warming), critical thinking, and encourage/facilitate change of attitudes.
 - Learning how to promote and give visibility through communication to environmental issues present in natural zones, and how they can be prevented or fixed.
- To discuss and search for initiatives that increase our natural environment's resilience to fires and other disasters.
- To raise awareness of the situation of the Canary Islands as an outermost region of the EU and how it faces greater obstacles regarding this fact.
- To promote non-formal education as a learning tool.
- To make new friends and discover new cultures together.
- To strengthen ties between organizations for future projects.

2. Covid-19

Right now you have to be vaccinated to enter Spain. So we strongly recommend to select fully vaccinated participants.

More information:

<https://www.sanidad.gob.es/en/profesionales/saludPublica/ccayes/alertasActual/nCov/spth.htm>

3. Participants' profile

Each partner organization is responsible for completing a group of participants. Each team should consist of 4 participants aged 18-30 plus one group leader (total 5 persons from each organization). We will be 30 people (24 participants and 6 youth leaders altogether). We will try to be gender-balanced.

Young people will be provided with appropriate skills and mechanisms and will have a unique potential to provoke positive changes in their communities and their lives. Participants will be informed about the aims and all planned activities of the project.

We intend to aim this YE to young people with fewer opportunities (cultural and geographical), in particular:

- Interested in learning about European projects and willing to participate, but afraid to do it.
- Highly motivated to participate and learn about culture, climate change, sustainability and fire/forestall prevention. It is not necessary to be an expert on the subject, but it would be desirable to show any interest in those subjects because they should work together to address these matters and it would enhance inclusion and participation.
- NOTICE: even though some activities may require some physical attitude (walking mainly), it is not required to be fit. We will work exactly the opposite way: if a participant is suitable but is impaired, we will find a way to adapt to the activity.

Since this project is aimed at young people with fewer opportunities, we will try to select people who have not participated in events like this.

Youth leaders

Each partner will be in charge of the Youth Leader's selection. They should:

- Be older than 18 years old (in fact, it would be desirable that they would be over 25 years old).
- Have previous experience in, at least, one of those subjects: volunteering, youth work and/or non-formal education.
- Be able to communicate in English.
- Promote active participation, teamwork and discipline.
- Keep a positive attitude.

4. Preparation of participants

- Participants must get informed about the aims and all planned activities of the project;
- Participants are invited to learn about the topic of the youth exchange to be able to share their experiences and opinions regarding to the main topic of the project;
- Participants are invited to prepare at least one energizer and to be ready to lead it during implementation of the project;

5. The venue

This Youth Exchange will take place on Gran Canaria Island (Canary Islands, Spain). The Youth Exchange ‘headquarters’ will be placed in [Arucas](#), a municipality in the north of the island, but many activities will take place all around the island.

We will stay in a Youth hostel called ‘[Lomo Jurgón](#)’. This place offers all that we can need during the week, being basic in the services they offer. Have in mind that the hostel is located [far from the city](#) (we can not reach it by foot and there are not public transport nearby). This is a nature youth exchange so we suggest you to enjoy, enjoy nature and the company of new friends.

Some things you need to know about this place:

- Participants will be lodged in shared rooms (maximum seven persons per room). Youth Leaders will be lodged together in a shared room separated from the rest of the participants.
- Participants will share the bathroom. There are two bathrooms (for boys and girls). There is a common shower in each bathroom separated by panels.
- You do not have to bring sheets, a blanket and a pillow. The hostel provides these. Shower towel is NOT provided.
- Being in an isolated area means that the phone network is not very good here. There is WiFi but the connections are limited to ten at the same time. We suggest you check the roaming conditions with your providers.
- Please be aware that the internet speed is not the same that we obtain from our personal/professional providers. If you need high speed internet connection for your personal use, we are not responsible to provide it.
- Electricity in Spain: in Spain the power sockets are of type F. The standard voltage is 230 V and the standard frequency is 50 Hz. Please have in mind that the number of power sockets is limited, in case you want to bring USB hubs with you.
- Laundry. The hostel does not have washing machines, but we will make sure you can clean your clothes (in case you need it). We will arrange time for it during the week.

6. Basic rules

- All the participants will be expected to be present and active in all the activities unless being ill.
- Unauthorized absence from the activities and workshops won't be tolerated.
- Smoking is prohibited everywhere inside buildings, thus all smokers will have to go outside or to specially designated areas for a cigarette (smoking is allowed only during free time but only at the smoking area).

- Stress, nerves and bad mood is prohibited everywhere.
- Bring your best mood and a big smile with you and keep it through the course!
- Please do not make noise at night. Enjoy nature!
- Please don't forget that water is a scarce resource in Gran Canaria, so please save it.

7. Working language

Multilingualism is one of the foundation stones of the European project. Although English is the common working language used in the vast majority of youth exchanges, we want to avoid its use (when possible) in this exchange, and foster the use of the official languages of the partner's organizations.

8. Youthpass

A *Youthpass* will be issued after the YE, to certificate the assistance and the learning outcomes.

We will have time during the project to reflect on the learning and also one/two sessions about *Youthpass*.

9. Activities - Youth Exchange

- Ice-breaking activities: to break the ice among participants and to create the optimal environment.
- Informative activities: to communicate the knowledge need to participate in Europe, mainly about Erasmus+ Programme (Youth Exchanges, ESC, etc.)
- Visits and Trekking activities through natural areas of the island (some of them, previously affected by fires): visiting these areas (guided by professionals) will allow participants to be aware of

their value and the negative impact they have suffered by the fires of the past year, and they will learn through the experience and sensations. 3 of the 7 days of the exchange will be dedicated to these trekking activities.

- Cultural activities: we will present different media about the Canarian environment, showing participants our local history and our unique natural patrimony in a visual way. Also, we would like to know more about the rural and natural environments of the participants, in order to search for possible applications of the project work on theirs. We will have a debate after this.
- Nature and outside activities: we will make activities during the trekking activities on the outside (mainly on nature environments) as a way to appreciate the value of nature, work on sustainability, be aware of what dangers must be prevented while being in this environment, and debating about the effects of climate change.
- Leisure activities: to release tensions and stress.
- Evaluation activities: the measure the way things are going.

10. Food and special needs

Most of the meals will be held at the Hostel, except for lunch during the days we'll have Trekking activities, in which we will have picnics on the outside.

Meals will be covered from dinner on the arrival day until breakfast on the departure day. The rest will be in the exclusive account of the participant.

For any special needs or food restrictions (health problems, special diet, etc...) please, include it on the Application Form or contact, in advance, our staff. Otherwise, we won't be able to take into account any special needs.

11. Insurance

We will encourage participants to obtain the European Insurance Card.

We will take out an insurance policy specifically for the youth exchange, but general health insurance, as well as travel insurance, are your responsibility. Our insurance will assume no liability that the EU health insurance card might cover.

12. Travels

We will buy the tickets for you. We will ask for confirmation before doing it so.

The project only includes one piece of carry-on baggage. If you need to bring an extra piece, you should cover the cost of it.

We'll pick you up from the airport and take you back to it at the end of the activity.

Please keep in mind that we may not have the opportunity to print boarding passes, so make sure you can do your check-in with your mobile phone.

13. Visa

To enter Spain, you need a valid identification document (passport or identification card). Citizens of EU and EFTA countries do not need a Visa. If you need VISA, make sure you apply for it far in advance because it can take an extremely long time. If you need an invitation or confirmation letter from our side, please let us know as soon as possible.

14. What to bring with you (you don't need to bring all, most of them are merely suggestions/recommendations):

- Outfits: bring comfortable clothes and shoes.
- Warm clothing in general
- Warm clothes and rain jacket (check the weather forecast).

- Hygiene products (such as like shampoo, gel, bath towels, etc...). The Hostel will not provide any of these products.
- Your medication (if you need it)
- Cap/hat + sunglasses + sun cream.
- Beach towel + swimsuit (we may have the chance to go to the beach).
- Sport water bottle
- Plug adapter
- All your travel documents
- Food and drinks to share (if possible) during the intercultural night.
- And finally, good mood! Bring with you your best motivation and mood to learn new things and make new friends.

15. The weather

This event is programmed in April, so there will be Spring. Usually, the average daytime temperature during Spring in Arucas is around 21º and 15º at night (but maybe it will be colder because of the location of the Hostel). For this reason, we recommend you bring some warm clothes.

We also recommend you to check the forecast in advance to check if there will be rain. If you want to know about the weather this days, you can visit this link:

<http://www.aemet.es/es/eltiempo/prediccion/municipios/aldea-de-san-nicolas-la-id35020>

Please, don't forget to bring sun lotion, sunglasses, a cap or what you need to protect yourself from the sun. We also recommend you bring a swimsuit and a beach towel.

16. Schedule

PLANING - KFG!									
HORARIO	Wednesday 20th April	Thursday 21st April	Friday 22nd April	Saturday 23rd April	Sunday 24th April	Monday 25th April	Tuesday 26th April	Wednesday 27th	Thursday 28th April
7:00									
8:00		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9:00		Opening / getting to know each other (presentation and ice breaking)	ROUTE #1 - TEROR (From Laguna de Valleseco to la Finca de Osorio + walking through Villa de Teror (picnic))	Workshop - Youthpass	ROUTE #2 - GRAN CANARIA MOUNTAINS Arténara (Risco Caído UNESCO's World Heritage + Tamadaba (burned areas) + Tejeda (walking, 'Roque Nubio' and Sacred Mountains of Gran Canaria) (picnic))	Reception at Cabildo de Gran / meeting with local authorities	ROUTE #3 - SOUTH Maspalomas Dunes + Mogán port (picnic)	Conclusions and ways of application in our works and lives (Group debate)	
10:00		Coffee break		Workshop - Sustainable Development Goals				Coffee break	
11:00		Code of conduct (rules) / group building games / exploring the area						Representing our own experience of the Youth Exchange	
12:00	ARRIVALS	Coffee break		Lunch		Lunch		Lunch	
13:00	Lunch	After lunch		Visit to Las Palmas de Gran Canaria city (free time)		After lunch		After lunch	
14:00	After lunch					Workshop - clay seeds balls and summer watering		Final evaluation and follow up	
15:00	Welcome afternoon / informal opening	Expectations, contributions and concerns / introduction of the day and daily schedule							
16:00		Coffee break	Coffee break					Coffee break	
17:00		Reflection time	Workshop					Future steps	
18:00	Personal time (tiding, shower...)	Personal time (tiding, shower...)	Personal time (tiding, shower...)	Personal time (tiding, shower...)	Personal time (tiding, shower...)/ handwash clothes (optional)	Personal time (tiding, shower...)/ handwash clothes	Personal time (tiding, shower...)	Personal time (tiding, shower...)	
19:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Farewell dinner	
20:00	Preparing tomorrow / leaders meeting	Preparing tomorrow / leaders meeting	Preparing tomorrow / leaders meeting	Preparing tomorrow / leaders meeting	Preparing tomorrow / leaders meeting	Preparing tomorrow / leaders meeting	Preparing tomorrow / leaders meeting		
21:00	Evening in town - Arucas	Intercultural night	End of the day	End of the day	End of the day	End of the day	End of the day	End of the day	
22:00									
23:00	End of the day	End of the day	End of the day	End of the day	End of the day	End of the day	End of the day	End of the day	DEPARTURES

17. A bit more about the project

Working methods

Non-formal education tools will be used to achieve our goals: workshops, debates, reflections...

Learning outcomes

We will expect participants to improve their awareness of the impact of forest fires on the environment; improve their learning results, self-esteem, knowledge of foreign languages; their sensitivity towards the EU project and its values. We also want them to gain a better intercultural awareness and to enhance their participation on society.

Accordingly, we expect them to acquire the following knowledge, attitudes and skills (summary):

- Literacy competence: New vocabulary and be able to use it. How to search for information and resources.
- Multilingual competence: New vocabulary, expressions, etc. related to the environment, history, etc. Gain confidence in expressing ideas and concepts out loud.
- Mathematical competence and competence in science, technology and engineering (STEM): team working techniques. How to express an idea using PowerPoint, Prezi, etc. Knowledge about nature and geography.
- Personal, social and learning to learn competence: Enhance task management abilities. Identify peer to peer learning opportunities. Responsibility for their own learning.
- Citizenship competence: reflection techniques to be able to express their ideas and points of view in a better way. European cultures (ancient and present). Active listening. Awareness of our individual role in the prevention of fire accidents and disasters.
- Entrepreneurship competence: team working. Communication methods. Decision-making techniques. Empathy.

- Cultural awareness and expression competence: Culture, history and unique natural patrimony from Gran Canaria Island.
- Digital competence: Use of social media to learn how to give promotion and awareness of issues related to climate change, prevention of forest fires, alternative and sustainable ways of life, etc.
- Other: practical information about Youth Exchanges, EVS and Erasmus+ Programme.

Expected results and impact

Our main focus is to promote a positive attitude change on our participants about:

- How to act and behave while being in natural environments to prevent accidents and disasters related to fires,
- Having a more sustainable way of life by being respectful to nature and generating less possible waste,
- Taking an active role in diffusing and promoting useful information in our countries, cities and communities to prevent forestall fires and to raise awareness of the impact of climate change,

Also, we will want to make a positive impact (when possible) on the areas of the island affected by our work during the visits and trekking activities through the affected areas of the island and look for possible future applications of the results in areas and regions of the participant's countries.

18. BLAH, BLAH, BLAH

Hello

How are you?

Please

Thank you

Yes / No

I am sorry

Hola

¿Cómo estás?

Por favor

Gracias

Sí / No

Lo siento /disculpa

My name is...

Good morning

Good afternoon

Good evening/night

Cheers!

See you

Bye

Can I smoke here?

Excuse me, where are the toilets?

Do you accept credit cards?

How much is it?

Taxi / Bus

How can I get to...?

Right / Left

Water

Beer

Half a pint

Wine

No Pork

Beach

Some local words

Potato

Flip-flops

Bus

A lot

Excited

Cold

Dive

Corn

Me llamo...

Buenos días

Buenas tardes

Buenas noches

¡Salud!

Hasta luego

Adiós

¿Puedo fumar aquí?

Disculpe, ¿dónde están los baños?

¿Aceptan tarjeta?

¿Cuánto cuesta esto?

Taxi / Bus

¿Cómo puedo llegar a...?

Derecha / Izquierda

Agua

Cerveza

Caña

Vino

Sin cerdo

Playa

Papas

Cholas

Guagua

Fleje

Enrallarse

Pelete

Margullar

Millo